Careers News, 9 November, 2021

Casual jobs at HOYTS at the Entertainment Quarter.

HOYTS at the Entertainment Quarter is currently hiring Crew Members for part-time positions. Applications open next week. Apply at HOYTS.COM.AU/CINEMAS/CAREERS

Apprenticeship Opportunities

Old Boys and local employers are looking for apprentices in the Electrical and Plumbing trades. Please contact Ms Knowles for further details.

Summer Skills Training Program

The Training Services unit of the NSW Department of Education is funding a series of short courses over the coming summer. The Summer Skills program is designed for those aged 16-24 years to gain job-ready skills in short, sharp courses.

Many employers need summer staff to cope with the huge demand of jobs across a variety of industries.

Year 12 leavers may wish to take advantage of this fee free skilling opportunity. <u>Click here to learn</u> more about the Summer Skills program.

Courses include but not limited to:

- · Hospitality inc. RSA / RCG
- · Information Technology
- · Fork lift license
- Medical terminology
- · Landscape essentials
- Assistant Agent (real estate)

Otis 2022 Apprenticeship Program

Otis is the world's largest elevator and escalator manufacturing, installation and service business. They serve customers in over 200 countries and territories around the world and maintain more than 2 million elevators and escalators.

Kickstart your career with an apprenticeship at Otis. They are currently seeking 1st, 2nd and 3rd year apprentices to join them throughout Australia in both Electrician and Mechanical Trades apprenticeships to commence in January 2022.

Throughout your apprenticeship you will gain exposure to completing the installation, modernisation, repairs and maintenance of escalator, elevators and travelators.

Applications are open to people with a minimum Year 10 School Certificate or equivalent. Otis are committed to achieving a diverse workforce and strongly encourage applications from females and Aboriginal and Torres Strait Islander people.

If this sounds like the next step for you, please send your resume to nicola.hilton@otis.com.

University of Sydney | Experience Sydney

Monday, 8 November 2021, 4pm - Thursday, 11 November 2021, 5:30pm Online

Join us at a taster class, sample some of our first-year lecture material and get a taste of university life. You can also connect with current students, hear their personal experiences and get your questions answered.

Find out more: https://www.sydney.edu.au/study/events-for-prospective-students/undergraduate.html#experiencesydney

UTS | Parents 1-1 consultations

Tuesday, 23 November 2021, 5pm - 6pm Tuesday, 14 December 2021, 12pm - 1pm

Online

Join us for a consultation and get your uni questions answered. Find out about our admissions process, course and career information and support services.

This session is a live chat for parents of future undergraduate students interested in studying at UTS. Current students will be online and ready to answer any of your questions, including those related to:

- course content
- admission requirements
- student life
- and more!

Find out more: https://www.uts.edu.au/study/undergraduate/our-courses/find-right-course/events-and-info-sessions/parents-1-1-consultations-register-your-interest

UAC | Schools Recommendation Scheme Q&A

Thursday, 11 November 2021, 5pm - 7pm

Online

What is SRS, when should you expect to receive an offer, and what should you do when you receive one?

Kim Paino, UAC General Manager, Marketing and Engagement will upload a video to explain all! Then our team will be online for two hours from 5pm to 7pm to answer all your questions in real-time. You can write a comment beneath the video post or chat with us on Facebook and Instagram.

Find out more: https://www.facebook.com/events/311860837019581/?ref=newsfeed

UAC Digital | ATAR release, preferences and offers

Wednesday, 1 December 2021, 6pm

Online

This session is your one-stop shop for all things ATAR release, preferences and offers. We'll discuss:

- how to access your ATAR
- how to read your ATAR Advice Notice
- what to do once you receive your ATAR

- how to manage your preferences to maximise chances of an offer
- offer rounds and dates
- deferring and taking a gap year.

And we'll give answers to the most commonly asked questions!

Find out more: https://uacdigital.easywebinar.live/atarrelease

UAC Digital | ATAR release, preferences and offers

Wednesday, 15 December 2021, 6pm

Online

This session is your one-stop shop for all things ATAR release, preferences and offers. We'll discuss:

- how to access your ATAR
- how to read your ATAR Advice Notice
- what to do once you receive your ATAR
- how to manage your preferences to maximise chances of an offer
- offer rounds and dates
- deferring and taking a gap year.

And we'll give answers to the most commonly asked questions!

Find out more: https://uacdigital.easywebinar.live/atarrelease

ACU | Pathways to ACU

Thursday, 9 December 2021, 1pm

Online

If you didn't receive the ATAR you wanted, don't worry, there's more than one way into university. We'll take you through the entry pathways to ACU, including diplomas and Foundation Studies that can give you access straight into the second year of your preferred bachelor degree.

Find out more: https://www.acu.edu.au/about-acu/events/2021/december/pathways-to-acu

NAS Open Day 2021

Saturday, 13 November 2021, 10am - 4pm

National Art School, Darlinghurst

The National Art School is Australia's leading fine art school, with an unrivalled studio-based teaching model that has delivered a rich tradition of artistic practice and generations of world-renowned alumni for the past 100 years. Leading into the 21st Century, NAS provides a progressive and holistic art education, and invites the public to join us on Open Day to share our creative community.

There will still be plenty of opportunity to see what life is like for students at NAS, with demonstrations in the ceramics, printing, sculpture and photomedia studios, the chance to drop in on painting classes, and to enjoy shows in our exhibition spaces.

This year's Open Day will run with public health and safety protocols in place. In line with government guidelines, all visitors will register on entry, masks are compulsory for all spaces, indoors and outdoors, and social distancing and hygiene measures will be maintained in studios and across campus.

Find out more: https://www.eventbrite.com.au/e/nas-open-day-2021-tickets-163943221589

AIT | Virtual Open Day

Saturday, 27 November 2021, 10am - 4pm

Online

Take the first step towards a creative career!

Join us for our next Open Day to find out how you can turn your ideas into a creative career you'll love in Film, Animation, 3D Design, Games or Mobile App Development.

Find out more: https://info.ait.edu.au/open-day-2021

AIE | Online Campus Day

Saturday, 27 November 2021, 1pm

Online

Discover the courses designed to get you started in game development, 3D animation and visual effects at the AIE Online Campus Day on Saturday, 27 November 2021. AIE will be running this event for students interested in studying online. You will be able to meet our teachers, explore how classes will run, course options, career pathways and see our amazing student work.

We will be covering everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

Find out more: https://aie.edu.au/aie event/online-campus-day/

AIM | Start Me Up: An Introduction to the Music Industry

Saturday, 27 November 2021, 2pm - 4pm

Online

Start Me Up is a two-hour music industry expert-led seminar dedicated to introducing you to the 21st century music business. You'll learn about careers in music – and discover how to start a career of your own.

You'll hear from a range of experts and artists about the skills required to succeed in the modern industry – including artist management, promotion, distribution and entrepreneurship. You'll hear from AIM students about how internship opportunities are connecting them with the music business before they even finish their degree.

Find out more: https://aim.edu.au/events/start-me-up-an-introduction-to-the-music-industry/

AIM | Open Day, Sydney

Wednesday, 15 December 2021, 10am - 3pm

66 Harrington Street, The Rocks

Keen on a career in the music industry? Join us on Wednesday, 15 December at the Australian Institute of Music's new Sydney campus in the Rocks for Open Day. Discover how AIM can set you up with the knowledge and training to excel in music. Performers, aspiring music industry professionals and entrepreneurs as well as HSC students considering their next step towards a creative career are encouraged to attend.

This is your chance to check out our new campus, sit in on some talks, watch live performances from our staff, students and alumni and chat with lecturers and students across all our study programs, from Contemporary and Classical to Composition and Production and Entertainment Management.

Find out more: https://aim.edu.au/events/aim-sydney-open-day-2021/

AIF | Virtual Open Day

Thursday, 18 November 2021, 7:30pm - 8:30pm

Online

Open Day is your chance to get a taste for what it's like to study at AIF. Learn about our range of industry-leading courses, along with your career options in the fitness and massage industries, as you chat to our Careers team and staff. You will also have the opportunity to have all your questions answered, giving you all the info you need to ignite your career.

Find out more: https://enquire.fitness.edu.au/open-day

Explore Teaching

Thinking about a career in education? Find out what it's like to be a teacher in NSW schools and what type of teacher you could become.

https://www.teach.nsw.edu.au/exploreteaching

Basair | Pilot Career Webinar

Monday, 15 November 2021, 7pm - 8:30pm

Online

In this free & interactive Pilot Career Webinar, you'll learn everything you need to know about a career as a Commercial Pilot.

Find out more: http://www.basair.com.au/Events/Register/213

What is ADFA?

Receive service training while studying for your degree, earn a salary while learning, and graduate with a rewarding job and no HELP debt. Forged from a unique partnership between the ADF and the University of New South Wales, the Australian Defence Force Academy offers world-class education plus cutting-edge military and leadership training. On our Canberra campus, in addition to being expertly trained in the art of leadership and management, you'll undertake a degree in Arts, Business, Engineering, Information Technology, Science or Technology.

https://www.defencejobs.gov.au/students-and-education/australian-defence-force-academy/whatis-adfa

ADFA Virtual Tour

Want to learn more about the Australian Defence Force Academy? Discover ADFA through our virtual tour. https://www.youtube.com/watch?v=IWI74RY9IIA

Applying to the Australian Defence Force Academy

Applying for ADFA is a competitive, dual application process that can take up to 12 months. It's preferable you apply in Year 11, but you can still apply in Year 12.

To start the ADF application process, use our <u>degree and job match tool</u> to explore the courses through ADFA, and the careers they can lead to. You can choose from a range of <u>UNSW degrees</u>, each of which leads directly to an officer role in the Navy, Army or Air Force. You will also need to <u>ensure you are eligible</u>.

https://www.defencejobs.gov.au/students-and-education/australian-defence-force-academy/how-to-apply/

Police Recruitment Process

Learn about the process and the requirements here: https://www.police.nsw.gov.au/recruitment

HIA Building Apprenticeships

Whether it's running your own business, taking over the family company or being the best tradie in the area, we can help you get there. Find out more

You will learn your trade on the job and attend trade school to gain additional knowledge and skills through accredited courses. Apply now

HIA Apprentices offer apprenticeships in:

- cabinetmaker
- carpenter
- painter and decorator
- solid plasterers and wall and ceiling fixers
- tiler
- bricklayer

https://hia.com.au/products-services/apprentices/why-choose-HIA-apprentices/whatapprenticeships-HIA-offer

Apply here:

https://hia.com.au/products-services/apprentices/why-choose-HIA-apprentices/how-do-I-apply

Master Builders Become an Apprentice

Master Builders Apprenticeship Service is a Group Training Organisation, who employs apprentices and trainees to place them with tradespeople, builders and contractors within the Building and Construction Industry for on-the-job training in their trade.

We're always looking for great people looking to start or continue their apprenticeship or traineeship with Master Builders!

<u>Apply here</u> to become a Master Builder Apprentice or Trainee by completing the online application Not sure which trade is best for you? Check out our online career resource <u>Build Your Story</u> https://www.mbansw.asn.au/services/apprenticeships/become-an-apprentice

NECA Electrical Apprentices Connect

This article may give some insights into what it takes to be an Apprentice for students who are thinking about an Electrical Apprenticeship.

https://www.necatraining.com.au/how-to-get-the-most-out-of-your-electrical-apprenticeship/

NECA Careers Paths

See where a career in electrotechnology can take you. This electro career map shows you the fantastic opportunities that lie ahead. The sky is the limit!

https://www.necatraining.com.au/electrical-apprentices/career-paths/#infographic

NECA Electrical Apprenticeships Expression of Interest here:

https://www.necatraining.com.au/electrical-apprentices/expression-of-interest/

NECA Electrical Practice Tests

NECA have put together resources to help Students prepare for Aptitude tests in the electrical Industry.

To be an electrician requires you have to be able to make calculations relating to electrical design. It is important to have a good understanding of sums, algebra, geometry and trigonometry. Working with Electrical can be hazardous when miscalculations occur.

Geometry comes into play when calculating cross sectional areas of cables and algebra is used when calculating current (Amps) and electrical loads.

Trigonometry comes into play when you start to look at capacitance and magnetism.

Below we have listed a number of links to Aptitude tests, we strongly recommend you practise these tests prior to sitting your aptitude Exam.

Practice Tests:

https://bit.ly/3dG3uTu https://bit.ly/2Us6r2p

https://www.necatraining.com.au/maths-in-the-electrical-trade/

TAFE Guide for Parents

We understand that parental involvement is important to help guide your child choose a career path that is suited to them.

That's why at TAFE NSW, we provide our students with individual support, small class sizes, quality trained teachers, and pathways to get them to where they want to be.

From specialist schools such as the Design Centre Enmore, Fashion Design Studio, and the Australian Patisserie Academy, TAFE NSW has hundreds of courses, diplomas, and degrees, with many different pathways to suit every style of learning - be it online, in person, a combination of both, or even in their own time.

With strong industry connections we also partner with employers to provide mentorships, internships and work placements in a real-world learning environment.

Our ambition is to help your child with their career goals.

https://www.tafensw.edu.au/parents-

caregivers?utm campaign=20210308%20001%20edm%20b2c%20Career%20Advisor%20March%20S CHOOLS%20initial%20awareness&utm medium=email&utm source=Eloqua&elqTrackId=cb2558f25 5f840aba99b24f474293f63&elq=19c6fe3875bf4a1ebb4bde887df8dc2d&elqaid=1271&elqat=1&elqC ampaignId=714

TAFE NSW and UTS Engineering Pathway Program

TAFE NSW and the University of Technology have partnered to bring your students an innovative pathway towards a great engineering qualification. By successfully completing the Dip of Engineering—Technical (MEM50212) course and an integrated UTS Foundation Maths subject (35010) students will receive 24 credit points (equiv of 6 months) for a range of UTS Engineering programs.

https://bit.ly/3bW5V62

TAFE NSW | Launch Your Career in Animation and VFX

Tuesday, 23 November 2021, 10am - 11am Online

Launch your Career is a series of interactive Live Virtual Events connecting students in Years 9-12 with industry to identify future career job possibilities.

Join us to explore Animation and Virtual Effects (VFX), where students can get a first-hand look at roles within the Animation and VFX sector and discover the career opportunities that await them. Whether you are passionate about visual effects artistry, 2D or 3D animation, creating virtual worlds, or working in a creative team on cutting edge projects, the Animation and VFX industry provides a great start to your career.

Find out more: https://tafenswevents.eventsair.com/lycavfx/afx/Site/Register

TAFE - Get your 2022 Career Guide delivered straight to your inbox

Click the link, fill in the form and you will receive your free career guide.

https://visit.tafensw.edu.au/careerguide

TAFE Degrees

Achieve your academic and career goals with TAFE NSW Higher Education degrees or articulation and credit transfer from diploma study into degree programs.

https://www.tafensw.edu.au/search?q=degrees

SummerJobs.com.au

All the Christmas casual jobs in Australia in one place! We know it's a weird time and nobody's sure what's happening but as we move into summer and the school term comes to an end it's the perfect time to get a summer job.

To make it easy we've found all the current open positions for Christmas Casuals in New South Wales.

Current vacancies here:

https://summerjobs.com.au/

Tips for acing your Exams

You've worked so hard all year, and now it's time to show what you've learnt. But exam prep can be stressful. That's why we've put together these exam prep tips to follow – they could help you to keep your cool and be the Exam Boss you were born to be.

The Day Before

Schedule a final revision session

- 1. Read over your revision notes a couple of times just to refresh your memory
- 2. If you haven't already highlighted your notes, grab your favourite-coloured fluoro and mark up the most important information. It will help you to focus, keep you motivated and hopefully help the information stick in your brain
- 3. Try a practise exam if you have one prepared, or read through any previous ones you've done if not
- 4. Finish studying at a reasonable time. When you're stressed out it can be tempting to keep studying and stay up late, but that's really not going to do much other than make you tired and less able to focus in your exam. So, decide beforehand what's the latest time you'll work to and set an alarm to remind you to stop.

Get everything ready for the following day

- Organise your pens and other equipment that you might need, (remember to take spares as well)
- Double check the location, time that the exam starts (and how long you've got to complete it), then organise how you'll be getting there (remember to leave a few extra minutes in case you get held up)
- Don't spend all day cramming, remember to take breaks, eat and stay hydrated. Otherwise, you'll feel uptight and exhausted before you've even started your exam
- Have a healthy dinner (you could always try some brain food like oily fish), spend some time relaxing, then get to bed nice and early for a good sleep
- Set your alarm, leaving yourself plenty of time to get ready in the morning. If you usually find it difficult to get out of bed, then set a second alarm too exam day isn't the day to sleep through it

On Exam Day

Be positive and wake up your brain

Get moving – When you hop out of bed in the morning have an invigorating shower and play some of your favourite tunes, you'll be feeling in a much happier place already. Or if you normally do some exercise first thing in the morning, great – do that too.

Eat something – Even if you're feeling nervous and your stomach doesn't feel much like eating, hunger is a distraction that you really don't need when you're sitting an exam. So it's important to eat a good breakfast that will keep you going. Anything is better than nothing, but something wholesome and nutritious that will fill you up for a long time is ideal.

Relax – It can be tempting to pick up your revision notes and get some final cramming in, we'd suggest that you don't. A little light reading however, is perfect to get your brain ready for the work ahead, think of it like stretching your body before a work out. So maybe read the news, an article or a few chapters of a book and help your brain limber up.

Remember to take a bottle of water, the equipment you'll need in your exam and wear comfortable clothes. Stick to your planned travel schedule, allow yourself extra time to get to the exam so you don't arrive late and flustered.

In your exam

Breathe

Take a few deep breaths – it could help you to feel more relaxed and better able to focus your mind.

Ears Open

Listen to all the instructions from the examiner and remember to pay attention to how long you have to complete your exam.

Read

Use any reading time to quickly look through the exam to see how many questions there are and give yourself an idea of how long you can spend answering each question.

One step at a time

Go back to the start of your paper, be methodical. Read each question. Read it again. Then start answering. Try and keep your writing and any workings out neat so that it's easy for the examiner to understand what you've written.

Double-check

Once you've completed all your questions, if you have time, go back and read through your paper. If you've missed something out or made a mistake this gives you an opportunity to put it right.

Don't panic

If you're running out of time, don't panic, try to answer each remaining question to the best of your ability. You might have to keep answers shorter than you would like, but at least if you get something down & you get in the key information, the examiner will have something to give you a mark for.

What to do after the exam

Congratulations, you did it! Now's the time to relax, take a break, and prepare for any other exams you've got coming up.

- Don't talk about the exam with your friends, that never ends well. Congratulate each other and move on with your day.
- Reflect on what went well (and not so well) for next time did you read through all the questions? Did it help to start with an 'easy' question? Or did you get stuck somewhere?
- Look after yourself for the next day or so remember it's just an exam and it won't change the course of your life, so don't let it get to you.
- be eligible for
- Scholarships, grants and bursaries to apply for

Job Spotlight

How to become a Personal Trainer

Help people reach their health goals

What do Personal Trainers do?

Personal Trainers work with individual clients, developing exercise and diet plans to help them reach their health goals. They help people seeking a variety of outcomes, including weight loss, strength, flexibility, general fitness, and even rehabilitation.

If you're fit and active, are a great coach and motivator, and want a job that will help people feel their best, becoming a Personal Trainer could be perfect for you.

About you:

- Active and energetic
- Excellent fitness level
- Fantastic communication skills
- Kind and compassionate
- Motivating and encouraging
- Works well independently
- · Good problem-solver
- Can think outside the box

The job:

- Assessing a client's current health and fitness level
- Developing exercise plans appropriate to a client's wants and needs
- Providing basic nutrition advice
- Demonstrating movements and exercises for a client
- Teaching clients how to use equipment
- Consulting with other health professionals
- Setting up, monitoring, and cleaning fitness equipment
- Maintaining appropriate workplace health and safety practices

Lifestyle Impact: Moderate

- Part Time opportunities: High around 71% of Personal Trainers work part-time (source: joboutlook.gov.au).
- Average hours for full-time workers: 45 hours a week, which is around average (source: joboutlook.gov.au).
- Personal Trainers' salary (average) \$60,000* per year (source: seek.com.au). *Salaries vary depending on your skills and experience.
- Future career growth: Strong (source: joboutlook.gov.au).
- You will most likely have to work on weekends, early mornings, and evenings to fit around your client's schedule.

Personal Trainers are most in demand in these locations:

This is a medium sized occupation, with around 24,300 people working as Personal Trainers in Australia in 2020 (source: joboutlook.com.au). There is demand spread fairly evenly across Australia. Most Personal Trainers work in the Arts and Recreation industry.

Personal Trainers can work in a huge variety of locations, including gyms, fitness centres, parks, sporting clubs, lifestyle retreats, hotels, and even from your own home.

How to become a Personal Trainer in Australia

Although it's not strictly necessary, it would be hugely beneficial to complete a VET course if you want to work as a Personal Trainer in Australia.

Step 1 – Complete Year 12 with a strong focus on English and PE.

Step 2 – Complete a relevant qualification, such as:

- <u>Certificate III</u> or <u>IV</u> in Fitness
- Diploma of Fitness
- You could even consider a university qualification such as a <u>Bachelor of Exercise Science</u>

Step 3 – Register for professional membership with <u>Fitness Australia</u>, <u>Physical Activity Australia</u> or <u>FITREC</u>.

Step 4 – Make sure you have any other qualifications or licences needed to start working, such as indemnity insurance or First Aid qualifications.

Step 5 – Choose a particular area to specialise in, such as weight loss, sports training, rehabilitation, or more.

Find out more here -

https://fitness.org.au/

https://www.physicalactivityaustralia.org.au/

https://fitrec.org/

What are three things I can do right now to help me become a Personal Trainer?

If you're in high school and you'd like to find out if a career as a Personal Trainer is right for you, here's a few things you could do right now:

- 1. Volunteer in your community or find work experience in a gym or fitness centre to start building valuable skills and making connections for the future.
- 2. See if you can talk to a Personal Trainer to see what a day in their life is like.
- 3. Start working on your fitness and motivation skills see if you can get a parent or sibling to start exercising with you and cheer them on.