Parent and Student Letters

Dear Parents / Students.

We at The Great Aussie Bush Camp look forward to your schools visit. This letter (and associated forms), will hopefully provide insight into our organisation and the proposed program.

Program Dates: Wednesday 12 / 05 / 2021 **to** Friday 14 / 05 / 2021

Departure & Return Venue: Carrington Road Gates (Cnr of Carrington Road and Salisbury Street)

School Drop Off Time: 8:30 AM

Departure Time: 9 AM

Return To School Time: 3 PM (Friday 24 May)

Cost: Added to your Term 2 College fees.

At The Great Aussie Bush Camp our mission is to deliver the best possible outdoor recreation based teaching and learning outcomes for our clients through programs that are:

- Fun
- Challenging
- Diverse
- Relevant
- Memorable

In delivering these programs our goal is to:

- Place the safety and well-being of our clients above all else
- Adhere to the highest possible standards as teaching and learning providers.

We hope like the tens of thousands of happy and satisfied students who visit us every year, that your child's stay at The Great Aussie Bush Camp will be just as memorable.

Our team members are of the highest quality. Our activity instructors are energetic, enthusiastic and are highly trained to run all activities. They all hold first aid and resuscitation qualifications. Challenge and enjoyment along with safety are the main aims of our programs. We have an excellent safety record due to our extremely high standards.

We ask that you read the camp guidelines carefully. In order to maintain the safety and enjoyment of people involved, any student who breaches these guidelines may have their parents/carers contacted and asked to be collected from camp.

All accommodation, amenities and associated facilities are clean, comfortable and well maintained. The programs are fully catered with ample availability of nutritious and tasty food; special dietary requirements can be accommodated.

We aim to provide students with memorable and authentic lifetime experiences and hope that you / your child can be a part of our program.

Yours sincerely,

Management, The Great Aussie Bush Camp

Camp Guidelines and Rules

Students should be aware of these Guidelines

- Never leave camp or an activity without permission.
- All activities must be supervised by a teacher and instructor.
- Listen to and follow instructor's guidelines.
- Closed in shoes and hats should be worn at all times.
- Respect male & female areas; enter no room other than your own.
- Respect the natural environment, use bins provided, don't damage the bush.
- No pocket knives, glass, valuables, electronic equipment, or mobile phones are to be brought to camp.
- Do not approach, or attempt to pat the wildlife.
- All accidents / damage to equipment must be reported.
- Willful damage will be paid for by the individual(s) responsible.
- Do not eat or drink in cabins or dorms.
- No chewing gum to be brought to camp.
- Respect others after lights out. There should be no need to leave your cabin or dorm after lights out.
- Each group is responsible for the ongoing cleanliness of their room.
- To avoid accidents please do not run around campsite areas.
- As a general rule, students will not be removed from activities as punishment. They may be given a 5-minute time out to reflect.
- Allocating extra duties or taking away free time may also be used as behaviour management strategies.
- We may exclude students whose behaviour could result in serious danger or distress to themselves or others. In extreme cases, after consultation with teachers, the parents / guardians may be contacted and the student's will be sent home.

Health, Safety and Medication

Teachers are to forward to us completed Special Needs Forms and Dietary Forms prior to coming to camp. Teachers are to bring the following forms with them when they attend camp, Medical and Consent Forms and Current medication requirement form.

Asthma

It is vital that parents / guardians of children who suffer from Asthma provide sufficient information or an Asthma Management Plan. This will enable team members / teachers to take appropriate action in the event of an Asthma attack.

Teachers will dispense any medication as required.

Camp team members have First Aid and Resuscitation certificates.

There is an onsite First Aid Room. For any accidents / sick students we have a Doctor in Kincumber (6 minutes).

Nearest Hospital and Ambulance service is Gosford District Hospital (20 mins)



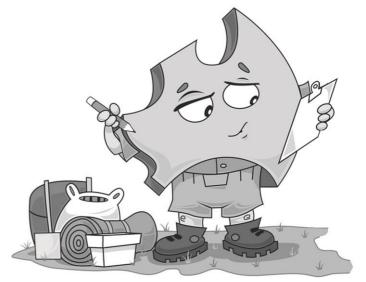
Gear Checklist - Children (Based on a 3-day camp)

PLEASE CLEARLY NAME ALL ITEMS

MEDICATION NEEDS TO BE GIVEN TO AUDREY AT RECEPTION NO LATER THAN ONE WEEK BEFORE CAMP

It is a good idea for students to pack their own bags so that they can re pack for the trip home.

- Water bottle
- Cup (used for morning/afternoon tea and supper)
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag (extra blanket in winter)
- Pillow
- Sunscreen & Hand Sanitiser
- 1 pair pajamas (tracksuit in winter)
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- Insect repellent
- 2 pairs of runners (1 old pair for water activities).
- Thongs only for going to and from showers.
- 3 T-shirts needed, no singlet / tank tops / midriff tops (for safety on activities)
- 3 sets of underwear
- 3 pairs of shorts NO MINI FOOTY SHORTS (for safety on activities)
- 3 pairs of track pants
- 2 sloppy joes / windcheaters
- 3 pair socks
- Bath towel
- Tissues / hankies
- Plastic bags for wet clothes / towel



Sample Camp Menu

Day 1

Lunch Hamburger and Salad

Fruit / Drink

Afternoon Tea Fruit / cold drink

Dinner Spaghetti Bolognaise and Garlic Bread

Ice Cream

Supper Hot Chocolate and Biscuits

Day 2

Breakfast Variety of Cereals

Spaghetti, Baked Beans, Eggs, Pancakes

Toast & Spread

Morning Tea Muesli Bars / Fruit / cold drink

Lunch Cold meat and salad sandwiches

Afternoon Tea Fruit / cold drink

Dinner BBQ dinner with sausages, rissoles, roast potato and mixed vegetables

Supper Hot Chocolate & Biscuits

Day 3

Breakfast Variety of Cereals

Spaghetti, Baked Beans, Eggs, Pancakes

Toast and Spreads

Morning Tea Fruit / cold drink

Lunch BBQ Sausage / fruit / cold drink

This menu is used as a guide only; changes may be made at any time.

Special Dietary requirements will be catered for when advance notice is given.

