

Year 5-12 WELLBEING MENTOR TIME | SCOPE AND SEQUENCE 2017

TERM 1- 10 weeks

RIGHT RELATIONSHIPS

Realise the EREA vision for social change through education for an inclusive community. Create a collective culture with a commitment to being transformative in vision faithful in mission and respectful in dealings with others.

By encouraging our students to be accepting and welcoming of others and giving of themselves we can provide the conditions for the formation of Right Relationships and build a sense of connectedness and belonging for all.

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10
Friendship and Teamwork		Social Intelligen Beliefs	ce - Morals and Social Intelligence - Kindnes		ce - Kindness	Social Intelligence - Empathy and Compassion			
		UN - World Soci Ash Wednesday	,	International Women's Day		World's Greatest Shave National Day of Action Against Bullying			

TERM 2-8 weeks 3 days

Hope Filled

We open hearts and minds through critical reflection and engagement, so that each person is hope filled and free to build a better world for all.

We must first better understand ourselves so that we may in turn better understand each other. We must look to the future with empathy, compassion, forgiveness and optimism. We do so by realising that there is always hope for a better future, recognising the power each has as an agent of change and seeing the potential and opportunity that each situation brings.

Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9
Emotional Literacy		Broaden and Build Positive Emotions		Core Values		Character Strengths		Gratitude

TERM 3-10 weeks

Liberated way of living

The hope that each boy will be freed by his learning journey, unconstrained by fear, energised by courage so that he may achieve liberation for himself and others. This understanding will result in a continuous movement towards removing oppression and the building of a society where justice and peace are central for all. By standing in solidarity with those in the margins we may make a significant difference to others in need not only globally or locally but indeed within our own College and our own classroom.

	Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9	Week10
Goal Setting and Striving		Resilience			Growth Mindsets		Achievement and Accomplishment		Flow	

TERM 4-9 weeks

Student Formation

A lifelong process that gifts us with a deeper awareness of our union with the Lord. Formation helps us to identify those personal gifts which enable our fullest participation in life. The dynamic of formation is relational, providing opportunities for individuals and communities to learn from one another in a spirit of mutuality and complementarity. The process of formation intentionally creates space for reflection, conversation and action that embodies and ignites a charism-inspired response to mission. Formation invites us to continually open our hearts and minds to the many possibilities of participating in this life-giving mission.

	Week1	Week2	Week3	Week4	Week5	Week6	Week7	Week8	Week9
	Emotional, Spiritual Wellbeing		Physical and Social Wellbeing		Examining Meaning	Random Acts of Kindness		Making a positive Difference	