

## 2025 Term 4 SS Summer Co-Curricular Training Schedule BASKETBALL

## Commences Tuesday 14th October)

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TT	-	c	D	1	41	11	<b>7</b> . //	C/	C C	

Team         Coach         Days/Times           1sts         Mr Billy Sarraf Mr Ryan Abbott Mr Linden Smith Hyde Mr James Spargo         Monday: 6:45am - 8:15am Wednesday: 3:30pm - 5:15pm Monday: 6:45am - 8:15am Tuesday: 3:30pm - 5:15pm Wednesday: 6:45am - 8:15am Thursday: 3:30pm - 5:15am           2nds         Mr Will Gibson Mr Hugo Roles Mr Linden Smith Hyde         Monday: 6:45am - 8:15am Tuesday: 3:30pm - 5:15am           2nds         Mr December 10 metrics         Tuesday: 6:45am - 8:15am           2nds         Tuesday: 6:45am - 8:15am	Venue  WR GYM GYM GYM WR GYM1 GYM1 GYM
1sts Mr Ryan Abbott Mr Linden Smith Hyde Mr James Spargo  Mr Will Gibson Mr Hugo Roles Mr Linden Smith Hyde  2nds Mr Linden Smith Hyde  Tuesday: 6:45am - 8:15am Thursday: 3:30pm - 5:15pm Wednesday: 6:45am - 8:15am Tuesday: 3:30pm - 5:15am Thursday: 3:30pm - 5:15am Thursday: 3:30pm - 5:15am Thursday: 6:45am - 8:15am Thursday: 6:45am - 8:15am	GYM GYM GYM WR GYM1 GYM
Mr Linden Smith Hyde Mr James Spargo  Mr Will Gibson Mr Hugo Roles Mr Linden Smith Hyde  Mr Linden Smith Hyde	GYM GYM WR GYM1 GYM
Mr Linden Smith Hyde Mr James Spargo  Mr Will Gibson Mr Hugo Roles Mr Linden Smith Hyde  2nds  Mr Will Gibson Mr Hugo Roles Mr Linden Smith Hyde  Monday: 6:45am - 8:15am Tuesday: 6:45am - 8:15am Tuesday: 6:45am - 8:15am Tuesday: 6:45am - 8:15am	GYM WR GYM1 GYM
Mr Will Gibson Mr Hugo Roles Mr Linden Smith Hyde  Monday: 6:45am - 8:15am Tuesday: 3:30pm - 5:15pm Wednesday: 6:45am - 8:15am Thursday: 3:30pm - 5:15am Tuesday: 6:45am - 8:15am	WR GYM1 GYM
2nds Mr Hugo Roles Mr Linden Smith Hyde Tuesday: 3:30pm - 5:15pm Wednesday: 6:45am - 8:15am Thursday: 3:30pm - 5:15am Thursday: 6:45am - 8:15am	GYM1 GYM
2nds Mr Hugo Roles Mr Linden Smith Hyde Wednesday: 3:30pm - 5:15pm Wednesday: 6:45am - 8:15am Thursday: 3:30pm - 5:15am Tuesday: 6:45am - 8:15am	GYM
Mr Linden Smith Hyde  Mr Linden Smith Hyde  Thursday: 6:45am - 8:15am  Tuesday: 6:45am - 8:15am	
Tuesday: 6:45am - 8:15am	GYM
Tuesday: 6:45am - 8:15am	
I 3rd XV 4th I Mr Bowen Cantellas I	BSB1
Thursday: 3:30pm - 5:00pm	DOD1
5th & 6th Mr Billy White Tuesday: 6:45am - 8:15am	BSB2
Thursday: 3:30pm - 5:00pm	D0D2
7th & 8th Mr Harry Flaherty Tuesday: 6:45am - 8:15am	CQ
Thursday: 3:30pm - 5:00pm	CQ1
9th & 10th Mr Greg Mart Wednesday: 3:30pm - 5:00pm	WPMPC2
Thursday: 3:30pm - 5:00pm	CQ2
11th & 12th Wednesday & Thursday	WPMPC2
(Internals) Mr Thomas Leaupepe 3:30pm - 5:00pm	WPIVIPC2
Mr Damien Thompson A's Tuesday: 6:45am - 8:15am	WR
10A & 10B Mr Oscar Tuesday: 3:30pm - 5:00pm	GYM2
Bradstock-Forgan Friday: 6:45am - 8:15am	GYM
10C & 10D Mr Dwayne McClain Tuesday: 3:30pm - 5:00pm	BSB1
10C & 10D Mr Dwayne McClain Friday: 7:00am - 8:15am	DSD1
10E & 10F Mr Finn Backlund Tuesday: 3:30pm - 5:00pm	BSB2
Friday: 7:00am - 8:15am	DSD2
10G & 10H Mr Caelum Brook Tuesday: 3:30pm - 5:00pm	CO1
10G & 10H Mr Caelum Brook Friday: 7:00am - 8:15am	CQ1
10I & 10J Mr Andy lei Tuesday: 3:30pm - 5:00pm	CO2
10I & 10J Mr Andy lei Friday: 7:00am - 8:15am	CQ2
Ma Janua Tanahari Monday: 6:45am - 8:15am	GYM
9A & 9B Ms Jenna Turnbull A's Tuesday: 6:45am - 8:15am	WR
Mr Jack Anasson  Thursday: 6:45am - 8:15am	GYM
Monday & Thursday:	DCD1
9C & 9D Mr Oscar Walters-Green 7:00am - 8:15am	BSB1
Mr. Aren Veghenhien Monday & Thursday:	DCD2
9E & 9F Mr Aren Yaghoubian 7:00am - 8:15am	BSB2
Monday & Thursday:	CO1
9G & 9H Mr Kai Davies 7:00am - 8:15am	CQ1
Monday & Thursday:	002
9I & 9J Ms Tali Baltineshter 7:00am - 8:15am	CQ2



Mr Thomas Kennedy	Monday: 3:30pm - 5:00pm	GYM
Mr Andrew Sexton	· ·	BSB
Mr Finlay Chandler		BSB1
		CQ1
Mr William Kirk		BSB2
	-	CQ2
Ms Rebecca Donelian	, i	CQ LUDL
CADI		
(Commences Frida	ay 17th October)	
Commanding officer: Ms	s Julie-ann de Kantzow	
Coach	Days/Times	Venue
Various	Friday: 3:30pm - 5:30pm	Various
CHE		
Convenor: Mr	Scott Hobson	
Coach	Days/Times	Venue
M.C. WHI	Wednesday & Thursday:	
	7:15am - 8:15am	Library
Mir Jamnie Knov	Friday: 3:30pm - 5:00pm	
CRIC	KET	
Convenor: Mr Jo	ohn McCallum	
Coach	Days/Times	Venue
M WILL D: 1	Tuesday: 7:00am - 8:15am	CN
_		QP1
1 Jayden Newman	Thursday: 3:30pm - 5:00pm	QPTN
Mr Nathan Brown	Tuesday: 3:30pm - 5:00pm	QPTN
		QP3
	1 1	QPTN
	Thursday: 3:30pm - 5:00pm	QP3
	Monday: 3:30pm - 5:00pm	QP3
	Wednesday: 3:30pm - 5:00pm	QPTN
	Monday: 3:30pm - 5:00pm	CN
_	Wednesday: 3:30pm - 5:00pm	QP3
-	Wednesday: 7:00am - 8:15am	
Year's 10 & 12	Thursday: 7:00am - 8:15am	CN
Year's 5 & 6	Friday: 7:00am - 8:15am	
	Mr Andrew Sexton  Mr Finlay Chandler  Mr William Kirk  Ms Rebecca Donelian  CADI (Commences Frid  Commanding officer: Ms  Coach  Various  CHE (Commences Tuest  Convenor: Mr  Coach  Mr Scott Hobson  Mr Jamnie Khov  CRIC (Commences Tuest  Convenor: Mr Jo  Coach  Mr Uddaka Biyanwila  Tjayden Newman  Mr Nathan Brown  Mr Avinash Dansinghani  Mr Oliver Sissian-Turnbull  Mr Matt Seifman  Mr David Yetton  Mr Leo Schur  Mr Elliott McKimm  Mr Charles Hely-Hammond  Mr Carter Steyn  Mr Shreyas Nalavade  Year's 8 & 9  Year's 10 & 12	Mr Andrew Sexton  Mr Finlay Chandler  Mr William Kirk  Ms Rebecca Donelian  Ms Rebecca Donelian  Ms Rebecca Donelian  CADETS  (Commences Priday 17th October)  Commanding officer: Ms Julie-ann de Kantzow  Coach  Days/Times  Friday: 3:30pm - 5:30pm  Wednesday: 7:00am - 8:15am  Monday: 3:30pm - 5:00pm Wednesday: 7:00am - 8:15am  CADETS  (Commences Priday 17th October)  Commanding officer: Ms Julie-ann de Kantzow  Coach  Days/Times  Friday: 3:30pm - 5:30pm  CHESS  (Commences Tuesday 14th October)  Convenor: Mr Scott Hobson  Coach  Mr Scott Hobson  Mr Scott Hobson  Mr Jamnie Khov  CRICKET  (Commences Tuesday 17th October)  Convenor: Mr John McCallum  Coach  Days/Times  Tuesday: 7:00am - 8:15am  Friday: 3:30pm - 5:00pm  Thursday: 3:30pm - 5:00pm  Mr Oavid Yetton  Mr David Yetton  Mr David Yetton  Mr Leo Schur  Mr Elliott McKimm  Mr Charles Hely-Hammond  Mr Carter Steyn  Mr Shreyas Nalavade  Year's 8 & 9  Year's 10 & 12  Wednesday: 7:00am - 8:15am  Thursday: 7:00am - 8:15am  Thursday: 7:00am - 8:15am  Thursday: 7:00am - 5:00pm  Wednesday: 7:00am - 8:15am  Thursday: 7:00am - 8:15am



	DIVING								
(Commences Tuesday 14th October) Convenor: Ms Kath Knowles									
Team	Coach	Days/Times	Venue						
All	Mr Zach Gindy	Tuesday - Lunch Time Saturday - 8:00am - 9:00am	CP CP						
	DUKE OF ED								
	(Commences Tuesd								
Team	Convenor: Mr	Days/Times	Venue						
All	Mr Alon Horry Ms Niamh Ennis	Friday - Lunch time	W25						
	FITNESS								
	(Commences Tueso								
	Convenor: N								
Team	Coach	Days/Times	Venue						
All	Mr Anthony Gibbs	Tuesday/Thursday & Saturday: 6:30am	WR						
	GOLF (Commences Tuesday 21st October)								
	Supervisor: M								
Team	Coach	Days/Times	Venue						
All	Mr E Brosnan	Tuesday - 4:00pm - 5:30pm Saturday - Matchplay Inter- School Competitions	Woollahra Golf Club						
	JUD (Commences Wednes								
	Supervisor: Mrs	Lauren Ryan							
Team	Coach	Days/Times	Venue						
All	Mr Kristof Frankowski	Monday & Wednesday 3:30pm - 5:00pm Saturday: 8:45am - 10:00am	W34/W35						
MA	MANCHESTER CITY FOOTBALL ACADEMY (Y7) (Commences Monday 20th October)								
Team	Coach/Assistants	Days/Times	Venue						
All	Mr Ben Charlton Mr Charles Hely-Hammond Mr Jake Smith	Monday: 7:00am - 8:00am	WP						



MANCHESTER CITY FOOTBALL ACADEMY (Y8) (Commences Tuesday 14th October)									
Team	Coach/Assistants	Days/Times	Venue						
All	Mr Ben Charlton Mr Charles Hely-Hammond Mr Jake Smith	Tuesday: 7:00am - 8:00am	WP						
	MOUNTAIN BIKING (Commences Tuesday 14th October)								
	Convenor: Mr S								
Team	Coach	Days/Times	Venue						
All	Mr Samuel Douglas Mr Nathaneal Dyon	Tuesday & Thursday: 3:30pm - 5:00pm Saturday: 7:30am - 9:30am	QP & CPark						
	PUBLIC SF	·							
	(Commences Tuesd	lay 14th October)							
	Convenor: Ms	Alice Curtis							
Team	Coach	Days/Times	Venue						
All	Ms A Curtis Ms M Gordon Mr Christian Kitas	Monday: 7:30am - 8:30am Wednesday: 7:30am - 8:30am	K36						
	SAILING								
	(Commences Tueso	lay 14th october)							
	Convenor: Mr	Mark Neale							
Team	Coach	Days/Times	Venue						
All	Mr M Neale Mr J Birbas	Tuesday & Thursday: 4:00pm - 5:30pm Saturday: 9:00am - 12:00pm	Woollahra Sailing Club						
	STUDY G								
	(Commences Tuesday 14th October)								
Team	Coach	Days/Times	Venue						
Literacy	Ms Mary Ryan	Monday & Tuesday: 3:30pm - 4:30pm	Library						
Numeracy	Ms P Guirguis	Wednesday & Thursday: 3:30pm - 4:00pm	Library						
Science	Ms G Brown	Friday: 7:30am - 8:30am	Library						



SWIMMING							
(Commences Tuesday 14th October)  Convenor: Ms Kyra Oliver							
Team	Coach	Days/Times	Venue				
All	Mr Nick Nezval Mr David Parnell	Monday to Friday: 6:45am - 8:15am Tuesday & Thursday: 3:30pm - 5:00pm	СР				
	TABLE T						
	(Commences Tueso						
	Supervisor: Mrs						
Team	Coach	Days/Times	Venue				
All	Mr P Masen	Wednesday & Thursday: 7:15am - 8:15am Saturday: 9:00am - 10:00am	Gym Undercroft				
	TEN						
	(Commences Tueso						
	Convenor: Mr I						
Team	Coach	Days/Times	Venue				
1st/2nd/3rd/4th/ 5ths/6ths	Mr Steve Day Ms Georgie Weaver	Monday & Wednesday 7:00am - 8:15am	CTC				
Opens/10's Internals	Ms Dee Edwards	Monday & Wednesday: 7:00am - 8:15am	СТС				
Year 10	Ms Brianna Saunders	Monday & Tuesday: 3:30pm - 5:00pm	CTC				
Year 9	Mr Ronnie Roth	Monday & Tuesday: 3:30pm - 5:00pm	CTC				
Year 8	Ms Angelique Theodorou Ms Laura Bleasdale	Tuesday & Thursday: 7:00am - 8:15am	CTC				
Year 8 & 9 Internals	Ms Jen Micallef	Monday &Tuesday: 3:30pm - 5:00pm	СТС				
THEATRESPORTS (Commences Tuesday 14th october) STUDENTS TO WEAR THEATRE BLACKS Convenor: Mr Steven Hall							
	Convenor: Mr	· Steven Hall					
Team	Convenor: Mi	Days/Times	Venue				



TOUCH FOOTBALL (Commences Tuesday 14th October)							
Convenor: Mr Stephen O'Donnell & Ms Beverley McCarthy							
Team	Coach	Days/Times	Venue				
Opens	Mr Trae Williams Mr Max Johnson Mr T Ritchie Mrs R Hodder Mr J Narawa	Tuesday & Thursday: 3:30pm - 5:00pm	QP 6 - 8				
Year 10	Mr Liam Deutsch Mr Edward McHugh	Tuesday & Thursday: 3:30pm - 5:00pm	QP 6 - 8				
Year 9	Mr Tom Jaeger Mr Charlie Jaeger Mr Baxter Flynn	Monday & Wednesday: 3:30pm - 5:00pm	QP 6 - 8				
Year 8	Ms Nicola Ilipoulos Mr J Nestor Mr H Dominy	Monday & Wednesday: 3:30pm - 5:00pm	QP 6 - 8				
TRACK & FIELD							
	(Commences Tuesd	lay 14th October)					
Team	Coach	Days/Times	Venue				
Sprints	Mr Zac Holdsworth Ms Jess Thorton	Tuesday & Thursday: 7:00am - 8:15am	WR				
Throws	Mr Lewis Thompson Mr Matt Mountfort	Monday & Wednesday: 3:30pm - 5:00pm	QP				
Jumps	Mr Waldymar Jacenko	Wednesday: 3:30pm - 5:00pm	CTC				
Middle Distance	Mr Alex Talbot	Tuesday & Thursday: 3:30pm - 5:00pm	QP				
Hurdles	Mr James Roff	Wednesday & Thursday: 3:30pm - 5:00pm	CTC				
VISUAL ARTS CLUB							
(Commences Tuesday 14th October)							
Team	Coach	Days/Times	Venue				
All	Ms Katie Phelan	Tuesday: 3:30pm - 5:00pm	C11				



WATER POLO								
(Commences Tuesday 14th October)								
	Convenor: Ms C Lipman							
Team	Coach	Days/Times	Venue					
1sts	Mr John Lietra Mr Teo Romieu Tran Kaien	Monday: 6:45am - 8:00am Thursday: 6:45am - 8:00am	St Caths CP					
2nds	Mr Alec Mayer	Monday: 6:45am - 8:00am Thursday: 6:45am - 8:00am	St Caths CP					
16A/B	Ms India Troughton Mr Nate Toelleatkinson	Monday: 3:30pm - 5:00pm Wednesday: 6:45am - 8:00am	CP CP					
15A/B	Mr Declan Trainor Mr Ned Jones	Monday & Tuesday: 6:45am - 8:00am	СР					
14A/B	Mr Lewis Sylvester Mr Dominic Bourke	Tuesday & Thursday: 3:30pm - 5:00pm	СР					
	WEIGHTS &	& FITNESS						
	(Commences Tueso	lay 14th October)						
Team	Coach	Days/Times	Venue					
	Mr Doul Cornich	Monday (Pilates & Weights): 3:30pm - 5:00pm	WR					
Rugby	Mr Paul Cornish Mr Lachlan Drew-Morris Mr Oliver Knight Mr William Paterson	Tuesday (Weights): 3:30pm - 5:00pm	WR					
Rugoy		Wednesday (Field): 3:30pm - 5:00pm	QP					
		Thursday (Weights): 7:00am - 8:15am	WR					
	Mr Chris Stead Mr Corey McMullan	Monday Pilates: 3:30pm - 5:00pm	WR					
Football		Wednesday: 6:50am - 8:00am	WP					
		Friday: 6:50am - 8:15am	WR					
		Tuesday: W&F Senior Squad 7:00am - 8:15am	WR					
AFL	Mr Ben Shorthouse Mr Ryan O'Keefe Mr Ben Drake	Wednesday: Skills Senior Squad 9/10s: Invite Only 7:00am - 8:00am	QP					
	IVII DEII DIAKE	Friday: Fitness & Skills, Senior Squad 7:00am - 8:00am	QP					



YOGA (Commences Tuesday 14th October)								
	Supervisor: M	Irs J Stanley						
Team	Coach	Days/Times	Venue					
All	Ms Bianca Machliss	Tuesday & Thursday: 7:00am - 8:00am	PAC					
All	Mrs J Stanley	Saturday: 7:00am - 8:00am	WR					
URBN Surf								
	(Commences Tuesday 21 October)							
	Supervisor: Mr A Wallington							
Team	Coach	Days/Times	Venue					
		Tuesday: 3:30pm - 5:00pm	Pool					
All	Mr Ryan Biddulph	Thursday: 3:30pm - 4:30pm	WR					
		Saturday: 8:15am - 10:00am	Urbn Surf					